

Strumming | Practice Chord Progressions

Strumming

#1

down down down down

1 2 3 4

#2

down up down up down up down up

1 and 2 and 3 and 4 and

#3

down down up down down up

1 2 and 3 4 and

#4

down down down up down up

1 2 3 and 4 and

#5

down down up (pause) up down up

1 2 and (3) and 4 and

Practice chords

(each chord gets one strumming pattern)

#1 | G - C - G - C

#2 | G - C - D7 - G

#3 | G - Em - C - D7

#4 | G - Em - Am - D7

#5 | E - A - E - A

#6 | E - A - D - A